

PE Long term plan

Year	Autumn 1 (7 weeks)	Autumn 2 (7 weeks)	Spring 1 (6 weeks)	Spring 2 (6 weeks)	Summer 1 (5 weeks)	Summer 2 (7 weeks)
1	Send and Return unit 1 Dance unit 1	Attack, Defend, Shoot unit 1 Gymnastics unit 1	Send and Return unit 2 Gymnastics unit 2	Attack, Defend, Shoot unit 2 Dance unit 2	Hit Catch Run unit 1 Run Jump Throw unit 1	Run Jump Throw unit 2 Hit Catch Run unit 2
2	Send and Return unit 1 Dance unit 1	Attack, Defend, Shoot unit 1 Gymnastics unit 1	Send and Return unit 2 Gymnastics unit 2	Attack, Defend, Shoot unit 2 Dance unit 2	Hit Catch Run unit 1 Run Jump Throw unit 1	Run Jump Throw unit 2 Hit Catch Run unit 2
3	Football Swimming	Hockey Swimming	Gymnastics unit 1 Swimming	Dance unit 1 Swimming	Cricket Swimming	Athletics Swimming
4	Football Gymnastics unit 1	Tag Rugby Dance unit 1	Netball Gymnastics unit 2	Hockey Dance unit 2	Cricket Tennis	Athletics Rounders
5	Football Gymnastics unit 1	Tag Rugby Dance unit 1	Netball Gymnastics unit 2	Hockey Dance unit 2	Cricket Tennis	Athletics Rounders
6	Football Gymnastics unit 1	Tag Rugby Dance unit 1	Netball Gymnastics unit 2	Hockey Dance unit 2	Cricket Tennis	Athletics Rounders

Please ask to see our further PE curriculum documents.