















James Fraser









ABOUT US

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AGENDA

- The Internet Pros and Cons
- Spotlight on Social Media
- Sharing Too Much Information
- Getting a Grip on Gaming
- The Reality of Cyberbullying
- Guidance for Parents and Children
- Protecting Yourself
- Online safety at Oakmere Primary School
- Q & A and Evaluation

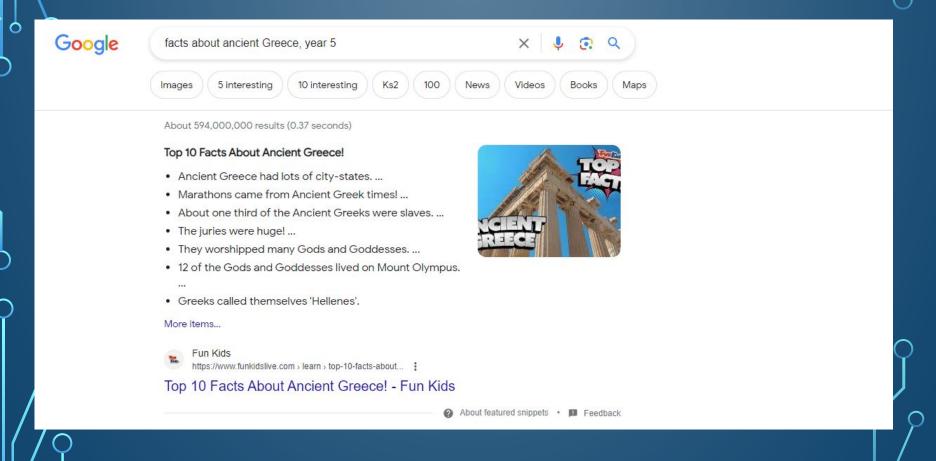




THE INTERNET IS AN INCREDIBLE PLACE!!!



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Internet safety: A mother's story of how a paedophile groomed her 11-year-old daughter online

Tired of the endless rows, Hannah H finally gave in to the demands from her 11-year-old daughter to have a Facebook account. Little did she know that she had opened the door to a paedophile who lived in her town and the events that followed were life-changing. She explains how easily he gained her daughter's trust and how little she knew about protecting her online

Monday 06 February 2017 23:11







Newsbeat

Online hate speech rose 20% during pandemic: 'We've normalised it'

By Michael Baggs





Online hate speech in the UK and US has risen by 20% since the start of the pandemic, according to a new report.

Youth charity Ditch the Label commissioned the study, which analysed 263 million conversations in the UK and US, between 2019 and mid-2021

82% rise in online grooming crimes against children in the last 5 years

We are urging MPs and tech companies to back the Online Safety Bill following new research on the scale of online grooming.

- · Almost 34,000 online grooming crimes against children were recorded by UK police since we first called for social media regulation.
- . 1 in 4 online grooming crimes in the last 5 years were against primary school children.
- · 73% of crimes involved Snapchat and Meta, we are urging tech companies to accept regulation and prioritise children's safety.

UK police recorded almost 34,000 online grooming crimes against children as we waited for the Online Safety Bill.



MPs and Lords are going to make the final decisions on the Online Safety Bill next month. We are highlighting these figures to show the true scale of child sexual abuse on social media



Compulsive video gaming classified as a new mental health problem by WHO

By JAMEY KEATEN The Associated Press MARIA CHENG

Mon., June 18, 2018





GENEVA—The World Health Organization says some obsessive video gamers may really have an addiction.

In its latest revision to a disease classification manual, the UN health agency said Monday that compulsively playing video games now qualifies as a mental health condition. The statement confirmed the fears of some parents but led critics to warn that it may risk stigmatizing too many young video players.



The World Health Organization says that compulsively playing video games now qualifies as a new mental health condition, in a move that some critics warn may risk stigmatizing too many young players. (The Associated Press)

Children and electronic devices - how to keep young people safe

By Nick Triggle Health correspondent

1 hour ago











Mobile phones should be banned from the dinner table and bedtimes as part of a healthy approach to devices, the UK's four chief medical officers have said.

Children should also take a break from screen-based activities every two hours, the guidance said.

They also said technology companies must do more to keep children safe.

The report comes as England's Health Secretary, Matt Hancock, is set to meet bosses at Instagram over the handling of self-harm and suicide content.

Links have been made between the suicide of teenager Molly Russell and her exposure to harmful material on Instagram.

Her father has said he believes the Facebook-owned platform "helped kill my daughter".



What is Online Safety?

Online safety is being aware of any potential dangers you could come across when being whilst using the Internet
This applies to all electronic devices such as Ipads, chromebooks, laptops, computers, mobile phones, Smart TV's, tablets, consoles etc.

How important is it?

At Oakmere, we have a legal duty of care to try to protect pupils, not just from online predators, but also from other online risks such as cyber-bullying, fraud and pornography. We ensure our online procedures keep children safe. We teach the children about online safety inside and outside school. In addition, we monitor internet use and rely on the Senso filtering system to block certain sites, but censorship alone isn't enough. We need your help parents, you MUST keep your children safe online and ensure they are monitored at ALL times!



The Risks



THE 4 C'S OF ONLINE SAFETY



CONTENT







Content: being exposed to illegal, inappropriate or harmful content, for example: pornography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation and extremism

CONTACT







Contact: being subjected to harmful online interaction with other users; for example: peer to peer pressure, commercial advertising and adults posing as children or young adults with the intention to groom or exploit them for sexual, criminal, financial or other purposes

CONDUCT





Conduct: personal online behaviour that increases the likelihood of, or causes, harm; for example, making, sending and receiving explicit images (e.g. consensual and non-consensual sharing of nudes and semi-nudes and/or pornography, sharing other explicit images and online bullying

COMMERECE







Commerce - risks such as online gambling, inappropriate advertising, phishing and or financial scams















Statistics

One in five 8 to 11 year olds and seven in ten 12 to 15 year olds has a social media profile.



1 in 4 children have experienced something upsetting on a social networking site



There were over 11,000 counselling

Sessions with young people who talked to Childline about online issues last year

1 in 3 children have been a victim of cyberbullying.



Almost 1 in 4 young people have come across racist or hate messages online



3,700 counselling sessions with young people who

talked to Childline last year about online sexual abuse.



In 2015, the Internet Watch Foundation identified over 68,000 URLs containing child sexual abuse images.

Around 1 in 7 young people

have taken a seminaked/naked picture of themselves. Over half went on to share the picture with someone else.



Three-quarters of parents have looked for or received information or advice about how to help their child manage online risks





1% have their own smartphone, 19% have their own tablet.



96% watch TV on a TV set, for 14h a week.

30% watch TV on other devices, mostly on a tablet.

36% play games, for nearly 6¼h a week.

52% go online, for nearly 9h a week.

69% of these mostly use a tablet to go online.

32% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

45% use YouTube, 80% of these say they use it to watch cartoons while 40% say funny videos or pranks.

1% have a social media profile



5% have their own smartphone, 42% have their own tablet.



97% watch TV on a TV set, for around 13¼h a week.



44% watch TV on other devices, mostly on a tablet.

63% play games, for around 7½h a week.

82% go online, for around 9½h a week.

67% of these mostly use a tablet to go online.

44% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

70% use YouTube, 65% of these say they use it to watch cartoons while 61% say funny videos or pranks.

4% have a social media profile.

8-11s

35% have their own smartphone, 47% have their own tablet.



94% watch TV on a TV set, for nearly 13h a week.

43% watch TV on other devices, mostly on a tablet.

74% play games, for around 10h a week.

93% go online, for around 13½h a week.

45% of these mostly use a tablet to go online, with 24% mostly using a mobile.

43% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

77% use YouTube, 75% of these say they use it to watch funny videos or pranks while 58% say music videos.

18% have a social media profile.

40% who own a mobile are allowed to take it to bed with them, it's 28% among tablet owners.

12-15s

83% have their own smartphone, 50% have their own tablet.



90% watch TV on a TV set, for around 13¼h a week.

62% watch TV on other devices, mostly on a tablet or mobile.

76% play games, for around 13%h a week.

99% go online, for 20½h a week.

53% of these mostly use a mobile to go online, with 23% mostly using a tablet.

58% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

89% use YouTube, 74% of these say they use it to watch funny videos or pranks with same proportion saving music videos.

69% have a social media profile.

71% who own a mobile are allowed to take it to bed with them, it's 61% among tablet owners.



Children and **parents:** Media **use** and **attitudes** report 2018



Published 29 January 20



Are you aware of what your child is reading before bed? No online devices in bedroom please.

Children's Digital Playground

What do children do online?

- Using educational apps to support learning
- Online search engines
- Watching videos on YouTube
- Playing online games are they age appropriate?
- Older children might be using Tik Tok



Do you know all the ways that people communicate online?

- E-mail
- Whatsapp messaging, texting
- Instant Messaging
- Facebook
- X formerly known as Twitter
- Blogging / Vlogging
- Verbal / Text Communication through online gaming
- Skype / FaceTime / Instagram / Whatsapp / TikTok
- Exchange images / video clips by phone such as Snapchat
- Upload images / video to an online space like YouTube
- Comments on posts/updates/photos
- Home devices like Amazon Echo / Google Home





What are the Age Limits You Tube on Social Media?



The minimum age to open an account on Facebook, Twitter, Instagram, Pinterest, TikTok, Tumblr and Snapchat is For Whatsapp, it's

YouTube requires account holders to be 18, but a 13 year old can sign up with a ent's r mission.

Social Media sites for kids

6-10 Years

11-13 Years

14+ Years

Kudos

Kidzworld

Gromsocial

Playkids Talk

Popjam

ChatFoss





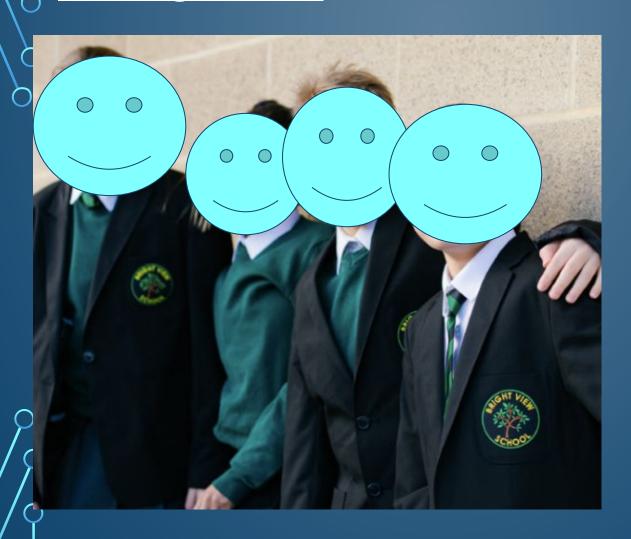






Aimed at children. Never 100% safe.

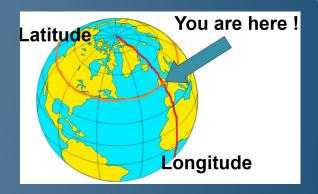
Sharing Photos



What is potentially dangerous about this photo that was posted online?

RISKS OF LOCATION SERVICES





This can be great for parents but a risk too...

- Target for street robbery
- Share location unknowingly
- Photos have locations attached
- Photos/Videos can be shared

Website images / Video stream

- ALL images sent on any device can be captured!
- Video conferencing can be captured!
- Take images / video on a Smartphone
- Sent to friend and then shared widely risk of children being bullied
- Shared on Internet which puts children at risk
- Stolen from social network sites



TIPS WHEN GIVING CHILDREN A MOBILE PHONE

 Allow your child to have a mobile phone when it is needed such as if they leaving the house alone or when they are starting secondary school

• Check what functions the mobile phone has before buying – Internet, private messaging, built in applications e.g. Location services.

Ensure you have set parental controls where required – talk to the service provider

 Do not allow mobiles in the bedroom at night; insist that they need to be charged overnight in your bedroom or the kitchen. This could putting them at risk!



GAMING

Multiplayer Online Role Playing Game









PEGI RATINGS

PEGI (The Pan-European Game Information age rating system) was established in 2003 to help European parents make informed choices

TWO LEVELS OF INFORMATION AS A GUIDE: THE PEGI AGE LABELS











THE CONTENT DESCRIPTORS

















Although these games are marketed to be the 'coolest' games out there, they are not suitable for primary aged children.











Do you know who you're really talking to online? Know the dangers, your children could be at risk.

CHILDREN NEED TO TAKE RESPONSIBILITY FOR WHAT THEY ARE PLAYING ONLINE...

- Alwasy check a game's PEGI rating and content
 warnings to see if it is suitable for you to play.
- If unsure then ask your parents or teacher about it and discuss whether you should be playing the game or not.
- Check how long you are playing games and at what times.
- Don't play a game just because you hear everyone else is playing it. Always ask your parent or teacher...
- There are plenty of games out there with an ageappropriate PEGI rating...





Plenty of good games rated 3 & 7



















CAN YOU MATCH THE PLAYER TO THEIR PROFILE PICTURE?

1







A







TOP TIPS FOR GAMING

- Ensure your children are accessing gaming devices in a family space.
- Ask your children which sites they are using
- •Tell your children that people can lie online, can be mean and they are not always who they say they are.
- Ensure your child NEVER gives out any personal information.
- Set parental controls for ALL devices.
- Set time limits on how long they can game for.
 Allow ample screen-free time before bedtime





UNICEF:

When bullying happens online it can feel as if you're being attacked everywhere, even inside your own home. It can seem like there's no escape. The effects can last a long time and affect a person in many ways:

- Mentally feeling upset, embarrassed, stupid, even afraid or angry
- Emotionally feeling ashamed or losing interest in the things you love
- Physically tired (loss of sleep), or experiencing symptoms like stomach aches and headaches

The feeling of being laughed at or harassed by others, can prevent people from speaking up or trying to deal with the problem. In extreme cases, cyberbullying can even lead to people taking their own lives.

Cyberbullying can affect us in many ways. But these can be overcome and people can regain their confidence and health.







How to Deal with

Cyberbullying

SAVE 4

any evidence of the bullying and show an adult.

BLOCK -

messages or the person.

Do not respond to them in any way.

LOG OFF ◆

the site where the cyberbullying is happening.

TALK •

to someone you trust about it.

What stops children from telling someone they are being cyberbullied?

- Some children might not be sure if they are being bullied online.
- They might feel worried about telling an adult, they might not be believed or get into trouble.
- Some children might feel that they will bullied even more by telling someone
- They worry that they might get ALL devices taken away from them and no access
- Encourage your children that they MUST tell someone and not feel worried, we are here to help them and they are not alone.



GUIDANCE FOR PARENTS





ChildNet CEOP NSPCC Childline **UNICEF ThinkuKnow UK Safer Internet Centre Internet Matters School Website National Online Safety Police**







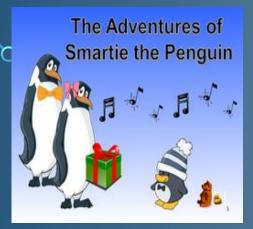
Links to Online Safety support sites

- ChildNet https://www.childnet.com/
- CEOP https://www.ceop.police.uk/Safety-Centre/
- NSPCC https://www.nspcc.org.uk/keeping-children-safe/online-safety/
- Childline https://www.childline.org.uk/
- ThinkuKnow https://www.thinkuknow.co.uk/
- UK Safer Internet Centre https://saferinternet.org.uk/
- Internet Matters https://www.internetmatters.org/
- UNICEF https://www.unicef.org/end-violence/how-to-stop-cyberbullying

Ohow can you help your children?

- Engage with your children and find out what they are doing online.
- Use technology with them.
- Be open-minded and adapt to technology as it evolves
- Ask the school for advice.
 - Network with other parents







- Self-image & Identity
- Online Relationships
- Online Reputation
- Online Bullying
- Managing Online Information
- Privacy & Security
- Copyright & Ownership
- Gaming





Guidance for children



About Digiduck

Learn more about the Digiduck stories and access learning activities to use after you've read them.

The internet is a brilliant place to learn and explore, just remember to always be **SMART!**



IS FOR SAFE

Never give out personal information to strangers on the internet. Personal information includes things like your home address and your birthday.



IS FOR MEET

Never ever meet up with a stranger you have met online unless a parent or guardian has said it is ok and is present. Never, never, never, never, never.



IS FOR ACCEPTING

Don't open emails from people you don't know, they could contain viruses. If you get a strange email from a friend and you think they might have a virus make sure you let them know!



IS FOR RELIABLE

Don't believe everything you read online, check your facts! Did you read it on a reliable website like the BBC? Are other websites saying the same thing? Does it tell you where they got the information from?



IS FOR TELL

If you have an online safety problem, make sure you tell someone. Tell a parent, guardian, or teacher as soon you can.





The SMART Rules

Are you following the SMART rules?

Never give your personal details out online?



Never meet a stranger online

Digital Footprint

Remember, everything you put online will stay there forever so please talk to your children about the importance of what they are posting on the internet.

Please make sure you are monitoring your child's online activity at all times.



Online Safety at Oakmere Primary

- Online safety topic taught within the curriculum
- Online safety information for parents and all staff
- Online safety policy updated annually within the Behaviour policy.
- Online safety incidents logged within our Safeguarding systems.
- Staff only use appropriate websites, LGfL filtering blocks inappropriate sites. Pupil information can only be accessed by those in the school.
- SMART rules and Cyberbullying
- Help posters are displayed in classrooms.





Thank you for coming....

Any quiions?

