

# PE- Intent, Implementation and Impact



## Intent

Oakmere Primary School recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

## Implementation

P.E. is taught at Oakmere Primary School as an area of learning in its own right, as well as being integrated where possible with other curriculum areas. It is taught at a minimum of two PE sessions a week.

The key knowledge and skills of each topic are mapped across each year group. This ensures that children develop their knowledge of games, dance and gymnastics and athletics and outdoor and adventurous activity progressively.

The skills in these areas are also developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. Knowledge and skills are informed and linked to enable achievement of key stage end points, as informed by the 2014 National Curriculum.

Swimming lessons are taught throughout the year in Year 3.

We teach lessons so that children:

- develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- enjoy communicating, collaborating and competing with each other.
- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

The varied curriculum is designed to enable all children to enjoy physical activity and to experience success in sport.

An extensive extra-curricular provision also provides further challenge and access to a range of physical activity. including the school's annual mini marathon; Sessions with professional sportsmen and women and additional trips to Tolmers or PGL.

All children have the opportunity to participate in PE at their own level of development, with teachers ensuring that lessons cater for individual needs. As well as securing and building on a range of skills, children develop knowledge of the basic rules of a range of games and activities. They experience positive competition and a strong focus is placed on developing good sporting attitudes.

Children learn in a safe environment and have a foundation for lifelong physical activity, leaving primary school as physically active.

## **Impact**

- The children complete each key stage with a high proficiency in each aspect of PE.
- Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle.
- The school achieves well in a number of sporting activities in recognition of its PE provision and children's access to competitive sports, which the school has maintained.
- The impact of the school's work with external agencies also demonstrates the positive impact of the PE curriculum
- The uptake of additional sporting clubs after school demonstrate the love of physical activity instilled in the children of Oakmere Primary School.